



Lunch and Learn Group Viewing

Organize a lunch and learn viewing party of one of our upcoming or past Wellness Wednesday presentations. Past presentations are archived [here](#). Take a picture of your group viewing and complete this form. Then send **both** to Morgan Papworth at morgan.papworth@bcbsfl.com to be entered into a drawing to win a catered lunch for your next viewing party!

Send submissions by **Wednesday, June 13**. Your department may submit up to three times this quarter. Lunch will be based off of the number of employees who attend your viewing party and will cover up to twenty employees.

Your name: _____

Your email: _____


Your department: _____

UF or UF Health: _____

Date of viewing: _____

Title of presentation viewed: _____

Number of employees in attendance: _____

Overall presentation rating from your audience: 

Group Viewing Discussion Questions

The questions provided below are optional and are intended to facilitate discussion after your group viewing. You do not need to submit answers to these questions.

- What was the most valuable thing you took away from this presentation?
- What did you enjoy about this presentation?
- Was there anything you did not agree with or did not enjoy? If so, explain.
- How is this week's topic applicable to your life?
- Will you, as an individual, do anything differently because of the presentation you just watched?
Will you, as an office, do anything differently because of the presentation you just watched?
- If you plan on doing something differently, either as an individual or as an office, how can the office help support you in this change?